



The Second National Multisectoral Nutrition Action Plan

Key Message:

The SERABORA nutrition component, among others, builds institutional capacity and coordination of multisectoral nutrition work, planning, budgeting and implementing high impact nutrition interventions.

Partners:

Prime Contractor:

Michigan State University (MSU)

Other Partners:

The Ministry of Health, Community Development, Gender, Elderly and Children (MOHCDGEC)

Tanzania Food and Nutrition Centre (TFNC)

Prime Minister's Office (PMO)

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Introduction

Tanzania, for a decade now, decided to take an inclusive approach of combating all forms of malnutrition by bringing all the key stakeholders through a one National Multisectoral Nutrition Action Plan (NMNAP). The first NMNAP was developed in 2016 covering the period of July 2016- June 2021. Following successful implementation of the first plan and the lessons learnt, the Government in collaboration with nutrition stakeholders decided to develop the second NMNAP for guiding implementation of nutrition activities from 2021/22-2025/26.

About the second NMNAP

The second NMNAP seeks to address all forms of malnutrition and is developed around the lifecycle approach from pregnancy, early childhood, middle childhood, male and female and elderly; and systems including nutrition specific interventions and nutrition sensitive systems such as health; water, sanitation, and hygiene; social protection; food; and education. The plan was developed by utilizing available global, regional,

and local evidence as well as the lessons learnt from the mid-term evaluation of the first plan. The plan has four key result areas:

- ✓ Reducing undernutrition
- ✓ Reducing micronutrient deficiencies
- ✓ Reducing overweight and obesity
- ✓ Strengthening the enabling environment

The Process

The process of developing the second NMNAP was led by the Prime Minister's Office, the responsible Ministry of Health and under coordination of Tanzania Food and Nutrition Centre. Nutrition stakeholders formed the technical working groups which were facilitated by a team of facilitators that was identified and assigned this role. Each technical group worked on its thematic area, presented to the plenary for inputs and submitted to the team of facilitators for further action and drafting of the plan. The draft plan was then subjected to the technical teams for their inputs before its validation by a large group of stakeholders. The plan after validation was presented to the National High Level Nutrition Steering Committee for endorsement and later it was officially launched by the Prime Minister, Hon. Kassim Majaliwa, November 18, 2021 in Tanga, Tanzania

SERA BORA's Nutrition Support on Second NMNAP Development

- ✓ Participated in the mid-term evaluation of the first NMNAP, the results of which were used to inform the second NMNAP
- ✓ Disseminated the MSU/ASPIRES research findings on the Double Burden of Malnutrition in Tanzania, the results contributed to the development of the second NMNAP interventions especially on overweight and obesity as well as resilient food systems.
- ✓ Financially facilitated some meetings during the process of developing the second NMNAP including the official launching
- ✓ Participated as technical team in the technical working group meetings especially the groups on reducing undernutrition, overweight and obesity and strengthening the Enabling Environment. Participated also in the whole process of developing the resource mobilization strategy for the second NMNAP.





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The U.S. Government's Global Hunger & Food Security Initiative

Potential Impact: Women, Men, Children and Adolescents in Tanzania are better nourished and living healthier and more productive lives.

Expected Outcomes:

- Increased coverage of adequate, equitable and quality nutrition services at the community and facility levels
- Women, men, children, and adolescents practicing appropriate nutrition behaviors
- Sustainable and resilient food systems that are responsive to nutrition needs
- Strengthened multisectoral and private sector engagement for nutrition
- Enabling environment (adequate policies and frameworks) that are supportive of suitable human and financial resources for nutrition

Second NMNAP Link

<https://www.tfnc.go.tz/pages/the-second-national-multisectoral-nutrition-action-plan-nmnap-ii>



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